Dear Parents and Guardians,

Please remind your students how to wear their masks properly, so that their noses and mouths are covered.

Parents of adolescents, you will understand that some students actively resist wearing their masks this way; please reinforce with them why it is important. Students who refuse to comply will be sent home from school.

It is essential that students who are sick or are otherwise exhibiting symptoms of Covid-19 are kept at home. Below is a full list of symptoms for which caregivers should monitor for:

- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Muscle aches or body aches
- Cough (not due to other known cause, such as chronic cough)
- Sore throat, Headache, Fatigue, Nausea, vomiting, or diarrhea when in combination with other symptoms
- Nasal congestion or runny nose (not due to other known causes, such as allergies) when in combination with other symptoms

Contact your school nurse at and your medical provider if you or your child experiences any of these symptoms.

If anyone in your family is awaiting test results for COVID-19, please do not come to school or send your child to school, and contact your school nurse for additional guidance.

Covid-19 related quarantine/exposure please call school nurse (475)220-7500 ext. 87573. Absences will NOT be excused without documentation.

Thank you for your assistance in keeping New Haven Public Schools safe and healthy.

Jessica Langlan

James Hillhouse School Nurse 480 Sherman Parkway New Haven CT 06511 (p) 475-220-7500 ext: 87573 (f) 203-946-8939